

Library

#637

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: Recreation Leadership

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CODE NO.: DSW109 SEMESTER: three

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PROGRAM: Developmental Services Worker

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AUTHOR: Patricia M. Boucher

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DATE: May 1993

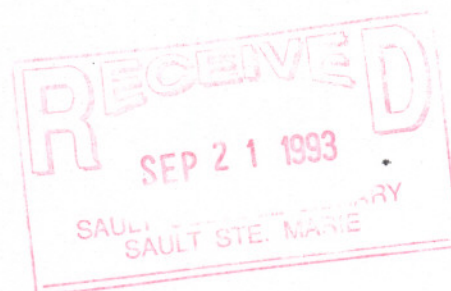
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APPROVED:

K. DeRosario  
Kitty DeRosario, Dean  
Human Sciences & Teacher Ed

Date

April 29/93



**PHILOSOPHY:**

This course will provide students with knowledge of community recreational programs and resources that can be used to develop recreational activities for people with special needs.

The student will learn how to modify the environment and equipment to allow for individuals with special needs to participate in recreational activities. There will be in class discussions on issues related to segregation and integration as well as the role each plays in the process of mainstreaming individuals with special needs into community recreational programs.

The student will learn how to develop and implement recreational programs for community agencies. the student will be involved in leading groups in recreational/leisure activities in class and at placement.

**TOPICS TO BE COVERED:**

Creative Arts  
Music Therapy  
Dance and Rhythmic Movement  
Drama  
Sports  
Hydrotherapy  
Cooperative Games  
Competitive Games  
Outdoor Recreational Activities

The therapeutic approaches for each developmental area involved in each of the above topic will be discussed in class.

**PERFORMANCE OBJECTIVES:**

Upon successful completion of this course the student will:

1. be able to explain recreation and leisure terminology as defined in the field of recreation.
2. have knowledge of available resources, equipment, and recreational programs in existence.
3. have the skills to design a recreational program providing integrated activities for a residential or day program facilities in the community.

4. have the skills to adapt sport and recreational activities for individuals with special needs.
5. be able to utilize various forms of recreational and leisure activities for therapeutic intervention.
6. develop outdoor recreational skills and knowledge of the various activities for the handicapped population.
7. enhance interpersonal and leadership skills through leading activities for peers and individuals at their placement.

**EVALUATION METHODS:**

Recreational Program	20%
2 Placement Activities	10%
4 Tests	15%
Mid-term Exam	15%
Final Exam	15%
3 Leading Groups	10%
Participation and Evaluation	15%
	<hr/>
	100%

**METHODOLOGY:**

The students will be involved in leading groups, working on in-class projects and outdoor activities in the community area.

Students will be required to type all assignments and follow formats for recreational programs. Students will evaluate peers and self on leadership style. Recreational and leisure films will be shown in class.

COLLEGE GRADING POLICY

90 - 100% = A+  
80 - 89% = A  
70 - 79% = B  
60 - 69% = C  
BELOW 60% = R

**SPECIAL NOTE**

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.